

10ppm Nano Silver Usage Guidelines

Weight		Daily				Short Term		Lifetime	
Lbs	Kg	Drops	Tsp	Ounces	MI	Ounces	Liters	Pints	Liters
80	37	96	2	0.2	5	2	0.1	260	123
100	46	120	2	0.3	6	3	0.1	324	154
120	55	144	2	0.3	8	3	0.1	389	184
140	64	168	3	0.3	9	3	0.1	454	215
160	73	192	3	0.4	10	4	0.1	519	246
180	82	216	3	0.4	11	4	0.2	584	276
200	91	240	4	0.5	12	5	0.2	648	307
220	100	264	4	0.5	14	5	0.2	713	338
240	109	288	4	0.5	15	5	0.2	778	368
260	118	312	5	0.6	16	6	0.2	843	399
280	128	336	5	0.6	17	6	0.2	908	430

Instructions: Select the line that matches or exceeds your body weight. Read across to find 10ppm nano silver dosage suggestions for **Daily**, **Short Term**, (i.e. up to 10 sequential days when dealing with a particular issue), or **Lifetime** use.

This chart is based on formulas from <http://silversafety.org> that calculate a very conservative 25% of the US Environmental Protection Agency Reference Dose guidelines. Note: Suggested dosages are rounded upwards.

NOTE: This chart has not been evaluated by the FDA. Nothing herein is intended to diagnose, treat, cure, or prevent any disease.